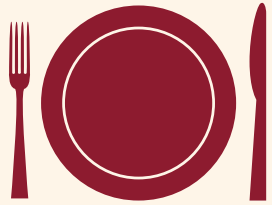


Lunch Menu Week 3



Monday

- Oven Roasted 1/4 Chicken Leg and Thigh
- Rice Pilaf
- Fresh Steamed Vegetables
- Jello
- Chef's Daily Soup Creation

Tuesday

- BBQ Pork Chops with Fried Peppers and Onions
- Roasted Potatoes
- Chef Seasonal Medley
- Maple Pecan Turnover
- Chef's Daily Soup Creation

Wednesday

- Spaghetti and Meatballs
- Garden Salad
- Fruit Chef's Choice
- Chef's Daily Soup Creation

Thursday

- Stuffed Peppers
- Garden Salad
- Jello
- Chef's Daily Soup Creation

Friday

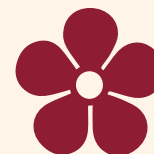
- Fish n' Chips & Tartar Or Lemon Baked Haddock
- Fresh Cut French Fries
- Coleslaw
- Rice Pudding
- Bean Soup

Saturday

- Shepherds Pie
- Garden Salad
- Balkan Apple Cake
- Chef's Daily Soup Creation

Sunday

- Oven Slow Herb Crusted Roast Beef and Gravy
- Mashed Potatoes
- Chef Seasonal Medley
- Pudding
- Chef's Daily Soup Creation



CMP FOUNDATION
Canadian Macedonian Place