



## Keeping the Canadian Macedonian Community In Touch and Informed

### A Message From The President

Zdravo.

I am truly honoured to have been chosen by the Board of Directors as the new President of CMP. I have served on the Board for several years, however, as President I now look forward to working more closely with the staff as we continue to have Canadian Macedonian Place as one of the cornerstones of our community.

Many thanks to George Markou for his four years of service as CMP President. George presided over the home through COVID and it is with his excellent direction that we came through that crisis with very few issues. George is continuing as a Board member, and I appreciate his guidance going forward.

I also want to thank Marilyn Trentos, a former CMP President for all her hard work and dedication to the home. Marilyn has been involved with CMP for almost 20 years and is one of our most active Board members.

A special thanks to Susan Niczowski for her continuous donations and supply of COVID rapid tests to CMP in an effort to help keep residents and staff safe.

This year saw the return of our annual Golf Tournament. It was great to be able to finally have this event in person again. First, because it is one of the largest fundraising initiatives for CMP. Second (and more important), it is one of the highlight events of the year for the Macedonian community. It was terrific to have everyone come out and enjoy the golf, food, drinks and great company. I always love the graf (or bope as my father-in-law would call it).

This year we paid off the mortgage at CMP. This is a monumental achievement. Our founders would have been very proud to have seen this day.

Now, mortgage-free, we can be more ambitious toward our future goals at CMP. Plans are in the works and there are great things to come.

2022 has been a busy year at CMP on the renovation/improvement front. We renovated 3 units this year bringing the total number of renovated units to 94 of 109. We installed new eavestroughs and a new roof on the home in a complimentary Macedonian red colour. The old wood retaining wall was replaced with a new much stronger concrete wall and the south pathway into the ravine was widened.

Following recommendations from the Toronto and Regional Conservation authority, the bank erosion in the ravine has been addressed. In addition, we replaced the asphalt pathway with concrete and fastened the fence. We also resurfaced the parking lot and added 3 new parking spaces.

Sadly, we had to cancel the CMP Christmas party due to a COVID outbreak in the home, however, on Sunday December 4th, we held a Macedonian festive lunch for all residents. It feels good to start having these kinds of in person events at the home again and we hope to host more in the future.



*Peter Simeon*

Finally, I thank everyone who has been involved with CMP over the last 40+ years. We have a great community and I look forward to continuing my involvement with CMP for many more years to come.

*Warm regards,*

*Peter Simeon  
CMP President*



# 2022 Macedonian Open Golf Tournament



After two years of COVID-19 restrictions, the committee for the Macedonian Open were delighted to welcome back golfers on July 5, 2022. Delayed approval from Station Creek until the end of April, along with substantial cost increases and uncertain participation, prompted the decision to freeze the ticket price at 2019 rates at \$250 for adults and \$100 for juniors.

Over 300 golfers quickly registered with more than double the number of sponsored golfers thanks to the generosity of both past and new sponsors. Donor support was amazing, and we wholeheartedly thank everyone involved. The dinner was complimented by the addition of Macedonian culinary favourites prepared by a group of talented Macedonian ladies with the support of St. Dimitrija Solunski Church.



The morning at Station Creek Golf Club started off with a little rain but once again it turned out to be a beautiful day with golfers hitting the links after enjoying lunch and catching up with friends not seen for a long time. Smiles and laughter throughout the day was a testament to the wonderful time enjoyed by all.

We can happily report that our live auction exceeded the 2019 results due in large part to the generous support of our donors and guests.



During the past two years COVID protocols resulted in a significant increase in expenses necessary to ensure the health, safety and security of our senior residents and staff at CMP. The Macedonian Open is CMP's largest annual fundraiser and as a result of the tremendous support received in 2022, we were able to raise over \$90,000 and this helped to mitigate the increase in CMP's operating costs.

A special thanks to our Golf Committee, staff and volunteers for all their hard work and dedication in making the 78<sup>th</sup> Annual Macedonian Open a huge success.

**Save the date for our 2023 Macedonian Open taking place on Monday July 10, 2023. You will not want to miss this one. Stay tuned for more exciting details to come.**



## Sponsors

### Registration & Breakfast Sponsor

Tim Hortons - Branoff Family

### Lunch Sponsor

Summer Fresh Salads - Niczowski Family

### Dinner Sponsor

North American Development Group

### Diamond Sponsor

The Bitove Foundation

### Gold Sponsor

ACN Inc. - Robert Stevanovski

ARCH Corporation - Dan & Sue Argiros

Canadian Feed Screws - Chris Vasilev

Dolphin Gaming - Irene Kaye,

Peter & Paul Nitsopoulos

Gowling WLG - Peter Simeon, Partner

Marilyn Trentos - RBC Wealth Management

Peter Malinos & James Hyssen

Stan & Adie Thomas and Family

### Hole-In-One Sponsor

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Chris & Peggy Popalis and Family

Continental Carbon Group

George & Pennie Markou and Family

Jones DesLauriers Insurance - Michael

Georgiev, ACSB, CRM

Marland Group - Mark Pappas

PowerBev Inc. - Tom Bitove

Robert D. Petroff, BA, CPA, CGA, LPA

The Penzo Team & Urban Blueprint  
Development

### Bronze Sponsor

Bingo World Gaming - Krume Karapalevski

FNC Structural Contracting Inc.

RMG Consulting Group Inc.

- Sue Eastwood

ScarboroSmiles.com -

Drs. Kocho & Isabel Cumandra

Stanwyck Family

### Cart Sponsor

Navigator Financial - Cameron Law

### Food and Beverage Courtesy of:

A special Group of Macedonian Ladies,  
St Dimitrija Macedonian Orthodox Church,  
Canadian Macedonian Place Foundation,  
Summer Fresh Salads - Niczowski Family,  
and Tim Hortons - Branoff Family

## Save the Date!



79<sup>th</sup> Macedonian Open 2023

Monday, July 10<sup>th</sup>, 2023

For more information visit  
[www.MacedonianOpen.ca](http://www.MacedonianOpen.ca)



## 2022 Trophy Winners

### Van Petroff Trophy

Brett Bitove

### Cuzo Tamo Memorial Trophy

Nicholas Tanovich

### Alex Evans Memorial Trophy

Lupcho Jonceviski

### Alex Alexander Super Dedo 65+ Trophy

Tom Roidis

### Chris Vasilev Family Trophy

Brian Fulton

### Steve Stavro Memorial Trophy

Caleb Evans

### Stanley (Nace) Thomas Trophy

Jasmyn Andreevski

### Adams & Miles LLP Trophy

Kaeden van Schilt

### Dotsa Bitove Team Trophy

George Markou, Cameron Law,  
Brandon Prust, David Bolland

### John (Lazo) Bitove Trophy

James Hyssen, Peter Malinos,  
Alban Hyssen, Bryan Hendin

# Kosta Stanwyck

## CMPF Supporter & Champion of Macedonian causes

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With great fondness, reverence and gratitude the Canadian Macedonian Place Foundation and the Macedonian community at large, paid their respects to Kosta Stanwyck, who sadly passed away on January 4, 2022, at the age of 91.

A strong and proud supporter of all things Macedonian, Kosta Stanwyck's unyielding generosity and dedication to financially supporting Canadian Macedonian institutions -- from churches to the UMD and CMPF -- made a marked difference in benefiting causes that he and his wife Helen consistently supported throughout the years.

By means of ingenuity, hard work and relentless drive, Kosta's success in business and family life embodied the Canadian dream. The resulting generosity in giving back to the Macedonian community is a reflection of the values held by Kosta and Helen Stanwyck and those same values with which they raised their family.

The CMPF Board of Directors, staff and members pay tribute to the memory of Kosta Stanwyck, a proud Canadian Macedonian and great supporter of Macedonian identity and causes worldwide.

Kosta Stanwyck was born in 1930 in Armensko (Northern Greece), Macedonia. The town was eventually renamed by Greece to Alona. When confronted with this name change it stirred something inside of Kosta making him feel his identity had been challenged.

As a man of both principle and logic, Kosta often wondered what his ancestors would think of the name and official language change. We all know what side of the fence Kosta was on, so it just made sense.

With the political and family turmoil playing a heavy toll on Macedonians at the time, with just \$5.00, Kosta arrived in Canada by boat at the age of 18 with a dream of a better life. At 19, he met Helen Theodore (from Rula), a beautiful young Macedonian woman, and was immediately smitten, as was she.



*Kosta & his wife Helen*

On the spot, he told her that they would get married... and they did.

His entire life, Kosta only had eyes for Helen and anyone who knew him knew just that. He always honoured his beliefs.

Together, they had 3 children: Betty, Chris, and Tom. Now, the family has expanded to 9 grandchildren and 4 great-grandchildren. Grandchildren's names are Jennifer, Julia, Katie, Alex, Amy, Jackie, Steven, Olivia, and Daniel. Great-grandchildren Lillian, Autumn, Piper, and Natalie.



## *Kosta Stanwyck continued...*

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Kosta worked at a few jobs in Foodservice, as many Macedonians did, when he first came to Canada. During this journey he came to realize that he wanted to work for himself. Kosta possessed all the qualities necessary to advance and become a successful entrepreneur.

Through his many years, he had an array of businesses giving him the success, spirit, and experience he needed to accomplish his goals. From Cinci Cola in 1963, Queemo in 1965, and Mr. Juicee in 1970 along with many other early business ventures.

Then in 1996 along with his sons, Chris and Tom, Triple A Cheese was established. Feta Cheese and Kosta's name would be synonymous in Canada, and especially with our Macedonian community. Kosta was very proud of that and was always thankful.

He left Triple A Cheese in 2019 and bought a Motel in Wasaga beach at the age of 89. He renamed it the Macedonian Mermaid. He worked there to the end.

His drive for the Canadian and Macedonian dreams was relentless.



Kosta was also a big part of the team of founding fathers that built St. Clement of Ohrid Macedonian Orthodox Church. In the early years, he and his wife Helen volunteered in the kitchens, and Helen called Bingos on Monday nights to raise money to help the church and its future.

With Kosta's evident business success, he continued to immensely support the Church financially throughout his life. He always cared most deeply for the Macedonian identity and the Church was a vehicle to support that mission.

Blessed with a personality that was both interesting and dynamic, Kosta had a sense of humour that was always a pleasure to everyone. Kosta had many loving friends and family and his friendships in the church would last a lifetime.

His favourite place in the world was at his home in Wasaga Beach. Early on in Kosta and Helen's marriage, they rented cottages together with other Macedonian families at Ethel's cottages in Wasaga Beach. In 1973, he bought a cottage at Wasaga Beach that he built up over the years and loved. Memories for the family were wonderful and very well fed in so many positive ways.

He spent his final hours there with his family by his side, well-loved.

Kosta died peacefully on January 4th, with his dreams of a better life here in Canada with his loving wife Helen, completely fulfilled.

*Kosta Stanwyck loved life and he remains an inspiration for us all.*

# CMP would like to thank the following individuals, organizations and clubs

## DONATIONS

Vlade Dimitrovski .....	100
Nick Ilkos .....	100
Sophie Litsas .....	100
Sts Cyril & Methody Macedono Bulgarian Orthodox Cathedral .....	500
William Nasho .....	100
Stefan Neshevich .....	100
Vasil Stoikov .....	50
Virginia Stoymenoff .....	5000
Steve & Sally Stavro Family Foundation.....	1000
Merry Christmas & Happy New Year - Robert Petroff Professional Corporation Petroff. ....	500
Maria Tsotsos .....	500
The Bitove Foundation.....	1400
Chris Paliare & Eva Marszewski. ....	2500

## GOLF TOURNAMENT

Steve & Sally Stavro Family Foundation.....	1000
The Jeff Rice Family Foundation.....	250

## ZA ZDRAVJE

Tom Ylkos.....	200
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## PAYROLL DESIGNATION

John Vasiliou .....	1750
Christopher-Thomas Dimoff .....	32
Elizabeth Isaacs .....	500

## IN HONOUR...

**In Honour of Dotsa & Vonna Bitove and The Bitove Method.**  
"It is a dream come true to see the photos of The Bitove Method at CMP. May the engagement with the arts bring joy and laughter to all."

Christine Jonas-Simpson .....	500
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<b>In Honour of my Granddaughter Roxanne's 13th Birthday</b> Diana Thomas .....	60
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<b>In Honour of Marilyn Trentos Birthday</b> Vonna Bitove .....	300
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<b>In Honour and Gratitude of Vasil Stoikov for writing the book "T'rsye A Village in Macedonia. It's History, It's Legacy."</b> Chris Andonoff .....	50
John Markou .....	50

## IN MEMORIAM...

<b>In Memory of Don Bell</b> Bill & Christine Ziskoff.....	30
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<b>In Memory of Nikola, Nadia, Pauline &amp; Alexander Christoff</b> Boris Christoff .....	500
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<b>In Memory of Vicky Daicoff</b> Angelo & Thelma Sideris.....	100
John & Mary Ouslis .....	50

<b>In Memory of Demetra, Risto, James Bunda</b> Renzo & Sophie Tanel.....	75
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<b>In Memory of Selo D'mbeni - Died June 21,1948</b> Virginia Evans .....	35
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<b>In Memory of Louie (Lazo) Evans</b> Angelo & Thelma Sideris.....	50
Diana Thomas .....	100

<b>In Memory of Friends and Relatives</b> James & Olga Kiratzis.....	100
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<b>In Memory of Elise George</b> Larry Gertsakis .....	100
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<b>In Memory of a Great Friend George German</b> Peter Strezos.....	100
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<b>In Memory of Eva &amp; Chris Giamos</b> Linda Giamos.....	100
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<b>In Memory of George Giantis</b> Bill & Christine Ziskoff .....	50
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<b>In Memory of Baba Grozda &amp; Baba Milka Giannopoulos</b> Louie Calko .....	100
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<b>In Memory of Elia Gulin</b> Peter Strezos.....	100
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<b>In Loving Memory of Todor Kajcevski - 3 yrs July 8 2022</b> Dinka Kajcevska .....	50
Zlatka & Pero Cokov .....	100

<b>In Memory of Helen Keratidis</b> Peter Strezos & Family .....	125
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<b>In Memory of Stanley Koteff</b> Jack and Linda Bodanis .....	50
Allen Cohen .....	100
Erin Henry .....	100
Randy & Deborah Lebow .....	100
Ian Richardson.....	118
Andy and Patricia Theodore .....	50
Krista Lee Koteff & Jeffrey Ruben, Nicole Koteff & Charles Zimmerman, Jason & Kimberly Koteff and Families ....	150
Karen Kollins .....	20

<b>In Memory of Peter Kuzos</b> Alexandra Nushis .....	50
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<b>In Memory of John &amp; Marija Maznevski</b> Dragi & Vera Cumandra .....	200
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<b>In Memory of my Aunt Anastasia Minas</b> Peter Strezos & Family .....	125
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## for their contributions received between February 2022 to January 2023.

### In Memory of John Mishos

Niki Peitsis ..... 50

### In Memory of a Great Friend Teli Moriovche

Peter Strezos ..... 50

### In Memory of Our Mothers Malina Sideris & Zorka Ouslis

Angelo & Thelma Sideris ..... 100

### In Memory of Danny Nicholson

Helen Nicholson ..... 100

### In Memory of Mary Nitsos

Mike Nitsos ..... 50

### In Memory of Osler Street Gang

Renzo & Sophie Tanel ..... 25

### In Memory of My Parents - Kuzo and Sophia Evans

Florence Evans ..... 50

### In Memory of My Parents, Brothers & Husband

Olga Mihailov ..... 200

### In Memory of Parents & Inlaws Jason Madden & Alex Evans

Diana Thomas ..... 100

### In Memory of My Parents - Carl & Vi Petroff

Jim Petroff ..... 50

### In Memory of Ugrin Ristevski

Naz Ahmed ..... 20

### In Memory of Philip Schmagranov

Dambensko Benevolent Society ..... 100

### In Memory of Blair Scotland

Donna Scotland ..... 60

### In Memory of John Smirnis

Steve Smirnis ..... 250

### In Memory of Kosta Gus Stanwyck

Stan & Adie Thomas ..... 250

### In Memory of Risto Sterjovski

Stan & Adie Thomas ..... 400

### In Memory of Pando & Dolly Stoyan

Sam Stoyan ..... 50

### In Memory of Virginia Stoymenoff

Lisa Gelman ..... 30

Daisy Koleff ..... 100

Katherine Hamara ..... 25

Alexander Laco ..... 400

Mike Loleski ..... 200

Olga Mihailov ..... 100

Susan Niczowski ..... 300

Chris Paliare & Eva Marszewski ..... 500

Mary-Lou & Tracy Parissi ..... 75

Olga & Peter Petro ..... 50

Mary Petroff ..... 100

Diane Petroff & Stuart Campbell ..... 100

Robert Petroff & Family ..... 100

Stephanie & Kim Rood ..... 100

Olga Sandolowich ..... 100

Steve & Sally Stavro Family Foundation ..... 250

Donna Scotland ..... 50

Stan & Adie Thomas ..... 500

Mary Todoroff ..... 64

Marilyn Trentos ..... 250

Victoria Valerio ..... 63

Gordon Wight ..... 100

Tom Yikos ..... 200

Bill & Christine Ziskoff ..... 30

### In Memory of Peter & Velika Tallis

Peter & Rena Tallis ..... 150

### In Memory of Donka Temovsky

Melissa Anderson ..... 50

Shannon Kennedy Barbati ..... 200

Helen Delaney ..... 50

Shannon Fisher ..... 100

Jordan Gould ..... 118

Paula Michelin ..... 1000

Chris Paliare & Ewa Marszewski ..... 100

Maria Perrella ..... 300

Sonia Rando ..... 100

Nada and Jonce (Jim) Tasevski ..... 75

Stan & Adie Thomas ..... 250

Marilyn Trentos ..... 250

### In Memory of Aretoula Terpin

Donna Scotland ..... 50

### In Memory of Steven Tossios

Bill & Christine Ziskoff ..... 100

### In Memory of Mary Tossos

Chris Tossos ..... 50

### In Memory of James Vasoff

Carol Anne Gillanders & Stuart Campbell ..... 150

### In Memory of Elie Vassos

Debbie Vassos ..... 200

### In Memory of Doug Ward

Bill & Christine Ziskoff ..... 30

### In Memory of Danny (Dento) Zaparenkos

Angelo & Thelma Sideris ..... 50

# Recipes



## Djimirinki, Chvarki (cracklings) – Macedonian Pork Specialty

Djimirinki are made from finely chopped pieces of pork bacon that melts in a larger fire pot. They are a kind of pork 'crisps', with fat thermally extracted from the lard. During the preparation, the fat is removed from the bacon, and the pieces of meat are left to fry and dry. It is recommended to eat them warm combined with red wine.

### Ingredients

- 5 kg bacon
- 1 liter water
- 2 teaspoons salt

### Instructions

1. Wash the bacon well with water to remove any blood.
2. Cut bacon into cubes with size 2 x 2 cm. Place the cubes in a deeper pot and add about 1 liter of water so about 3/4 of the pieces of bacon would be immersed.
3. Put the pot on a strong fire until the water starts to boil and stir occasionally to avoid burning. When water starts to boil, lower the temperature and continue to boil at moderate temperatures again with occasional stirring. During this time the liquid will first become blurry (emulsion from grease and water), and then it will become clear, and it will turn into a fat which you'll later use instead of cooking oil.
4. After about 2-3 hours when the liquid becomes clear, drain the fat in another pot. Continue to fry the cracklings in the same pot until they get a nice golden-brown color. Remember to stir constantly so they don't burn.
5. When the cracklings get their color, again remove the fat and continue to fry them for 10 more minutes.
6. After frying, squeeze them again to drain as much ointment as possible.
7. Transfer the squeezed djimirinki into a separate dish and add the salt and mix well. Serve them hot.



## Stuffed apples with honey and walnuts

### Ingredients

- 4 large apples
- 100 grams walnuts
- 4 spoons of honey
- 1 teaspoon of raisins
- 1 teaspoon of cinnamon

### Instructions (serves 4-6)

1. Preheat the oven to 350 degrees F (175 degrees C).
2. Cut off the top of the apple, then scoop out the center with a spoon.
3. Chop the walnuts finely and mix them with raisins, then fill the apples.
4. Arrange them in a deep pan, pour some water and bake for about 15 minutes.
5. Once they have cooled, arrange them on a plate. Pour a spoonful of honey over each of the apples and sprinkle a little cinnamon.

## Zdravets SOCIETY

Donations totaling \$5,000 or more are recognized on the beautiful new Zdravets SOCIETY Donor Wall. If you and your family or your business would like to learn more about making a contribution to Canadian Macedonian Place please call Zlatka Cokov at 416-755-9231 or email [zcokov@canadianmacedonianplace.com](mailto:zcokov@canadianmacedonianplace.com).

You can also feel free to contact a member of the Board of Directors.

Donation Level	Recognition Level
\$100,000 and beyond	Diamond
\$50,000 to \$99,999	Platinum
\$25,000 to \$49,999	Gold
\$10,000 to \$24,999	Silver
\$5,000 to \$9,999	Bronze



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